

Get facts, resources straight about abortion

Debora Sypian's Dec. 1 hysterical soapbox about abortion was disgraceful.

Sypian says that every woman who has an abortion will, at some time, experience severe remorse and an overwhelming sense of mourning. The fact is that 98 percent of women who have had abortions have no regrets and would make the same choice again in similar circumstances. Most women report relief that the pregnancy was terminated and are satisfied that they made the right decision. It's fact that the mental health of women faced with unwanted pregnancies is at greater risk when they are compelled to carry to term than when allowed to choose abortion.

It's Sypian's deliberate refusal to put aside her own beliefs about abortion that contributed to the turmoil her friend is in. Had it been my friend, I would have insisted she seek professional counseling to help her sort out her feelings and help her look objectively at all her options. I would never assume the awesome responsibility of weighing in on or making that decision for my friend based on my own set of values. I would never answer "what would you do?" If Sypian's friend is still feeling mixed emotions, I'd strongly advise her to seek professional counseling. Second, I'd advise her to stop listening to Sypian if Sypian can't keep her own beliefs about abortion to herself.



**Peggy
Loonan**
Soapbox

threatening sacrifices not to have a baby they are not emotionally or financially prepared to raise.

It's unconscionable for Sypian to deliberately omit the reality of parenting and adoption. Anti-abortion extremists will never tell you that a choice to parent or give up a baby for adoption is fraught with no less emotion, conflict or potential serious consequences. The children who are neglected, abused and living in poverty are proof.

So are the emotional stories about birth moms and the children they gave up for adoption. Sometimes a child given up or a mom who surrendered her child feel pain that never heals.

Sypian misleads us about abortion alternative organizations or so-called crisis pregnancy centers. These places are adamantly opposed to abortion under any circumstance. Common sense would dictate then, that if asked, they wouldn't refer a

I'm angered that Sypian, for the sake of her own agenda, allowed her friend to agonize over a belief that if abortion were illegal, it would not be an alternative. Since the beginning of time, law not withstanding, women have made life-

woman to an abortion provider and they'd do whatever was necessary to mislead and scare a woman into staying pregnant. For them the end always justifies the means.

Finally, a word about B.J. Nikkel's Dec. 13 commentary. State Auditor Dave Barba, well respected, even by those in Nikkel's Republican Party, has emphatically said Planned Parenthood never violated the law, meaning it never funneled state money between its clinics. Nikkel should shut up or bring proof to the table that Barba's findings are wrong because he's corrupt or inept.

Nikkel deliberately lied about Planned Parenthood and that's unconscionable. It's outrageous for Nikkel to say that spinning off their abortion clinics into a separate corporation is an "acknowledgement" by Planned Parenthood "that money from state grants is fungible." She knows better than that. Being in total compliance with the law wasn't enough for Gov. Owens. He demanded they separate their clinics before allowing them to bid for state funds. Unlike Owens, Planned Parenthood refused to play politics with the lives of 15,000 Colorado women. They complied. Complying with Owens' demands isn't an admission of guilt of anything. Nikkel knows better than to lie like that. Once again the end justifies the means for anti-abortion extremists.

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